

Spinal Cord Stimulation

Pre and Post Procedure Instructions

Pre-Procedure Information

1. Stimulator trials are performed in an ambulatory surgery center under conscious sedation (anesthesia). Expect to avoid eating and drinking for several hours before the procedure – the ambulatory surgical center will inform you of specific guidelines.
2. The following medications are “blood thinners” of one sort or another and must be avoided before the procedure:

Aspirin

Aspirin and all aspirin containing medications (Anacin, Ascriptin, Bayer, Bufferin, Ecotrin, Excedrin, Pentasa, and others) – **Stop 7 days prior to your procedure.**

All medications listed below should be stopped 3 days prior to your procedure:

NSAIDs (NON STEROIDAL ANTI-INFLAMMATORIES)

Choline and magnesium salicylates (CMT, Tricosal, Trilisate)

Choline salicylate (Arthropan)

Diclofenac potassium (Cataflam)

Diclofenac sodium (Voltaren, Voltaren XR)

Diclofenac sodium with misoprostol (Arthrotec)

Diflunisal (Dolobid)

Etodolac (Lodine, Lodine XL)

Fenoprofen calcium (Nalfon)

Flurbiprofen (Ansaid)

Ibuprofen (Advil, Motrin, Motrin IB, Nuprin)

Indomethacin (Indocin, Indocin SR)

Ketoprofen (Actron, Orudis, Orudis KT, Oruvail)

Magnesium salicylate (Arthritab, Bayer Select, Doan’s Pills, Magan, Mobidin, Mobogesic)

Meclofenamate sodium (Meclomen)

Mefenamic acid (Ponstel)

Nabumetone (Relafen)

Naproxen (Naprosyn, Naprelan)

Naproxen sodium (Aleve, Anaprox)

Oxaprozin (Daypro)

Piroxicam (Feldene)

Salsalate (Amigesic, Anaflex 750, Disalcid, Marthritic, Mono-Gesic, Salflex, Salsitab)

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Sodium salicylate (various generics)
Sulindac (Clinoril)
Tolmetin sodium (Tolectin)

This is a partial list. If you are unsure whether you are taking an NSAID, please call us.

Please notify our office if you are on any of the medications listed below. These will probably need to be held for several days prior to your injection.

Warfarin (Coumadin)
Acenocoumarol
Heparin
Low molecular weight heparin: Enoxaparin (Lovenox)
Dalteparin
Fondaparinux
Clopidogrel
Prasugrel
Ticagrelor
Cangrelor
Dabigatran
Rivaroxaban (Xarelto)
Apixaban (Eliquis)
Edoxaban
Abciximab
Eptifibatide
Tirofiban

3. You will need to be driven home from the procedure. A friend or family member should be present to hear instruction on the operation of the stimulator after the procedure.

Post-Procedure Instructions

1. Do not take any of the medications listed above until the stimulator wires are removed.
2. You will probably be sore for 1-2 days after the procedure. Talk to your physician about which medications you can take for increased pain.